

Race Analysis

LEN European aquatics championships Budapest 2021

Name Yuliya Efimova

SEMIFINAL 2 of 2

Race 50m Breaststroke

Results 00:30.25

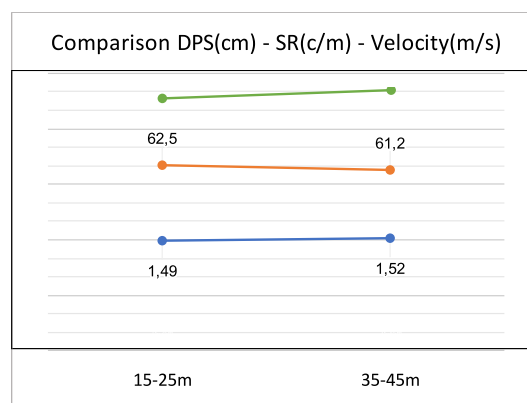
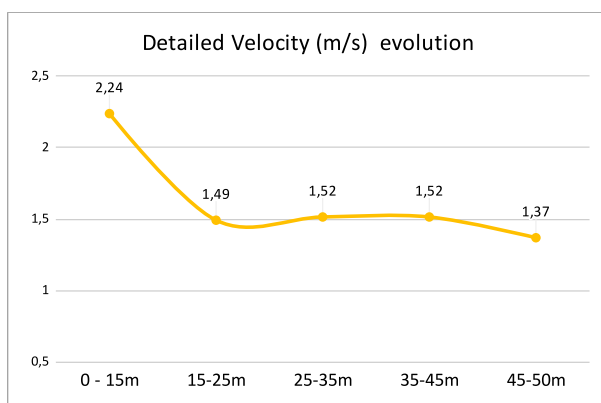
Distance	Metres	0 - 15m	15-25m	25-35m	35-45m	45-50m
Split	Time	00:06.70	00:13.40	00:20.00	00:26.60	00:30.25
Lap	Time	00:06.70	00:06.70	00:06.60	00:06.60	00:03.65
Velocity	Metre/Sec	2,24	1,49	1,52	1,52	1,37
Stroke Rate	Cycle/Min		62,5		61,2	65,2
Stroke Tempo	Sec		00:00.96		00:00.98	00:00.92
Distance per stroke	Cm		143,3		148,5	
Stroke Index	DPS*Speed*Cycle		2,14		2,25	

Pacing info
Averages
1,67
61,9
00:00.97
145,9
2,19

Pacing info			
Distance		1st 25m	2nd 25m
Lap	Time	00:13.40	00:16.85
Velocity	Metre/Sec	1.87	1.48



Start info		
Data evolution		Start
Reaction Time	Sec	00:00.64
Time Out	Sec	00:05.20
Breakout Dis	Metre	12,3
Velocity	Metre/Sec	2,37



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