

Race Analysis

LEN European aquatics championships Budapest 2021

Name Benedetta Pilato

SEMIFINAL 2 of 2

Race 50m Breaststroke

Results 00:29.30

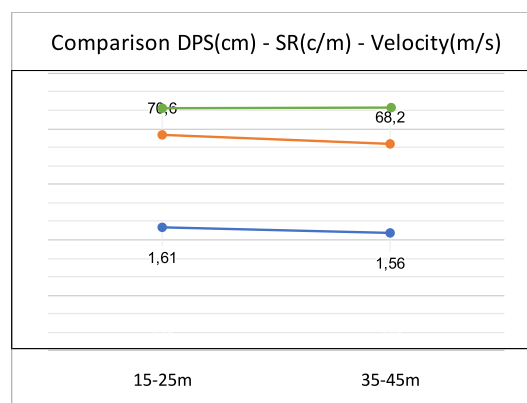
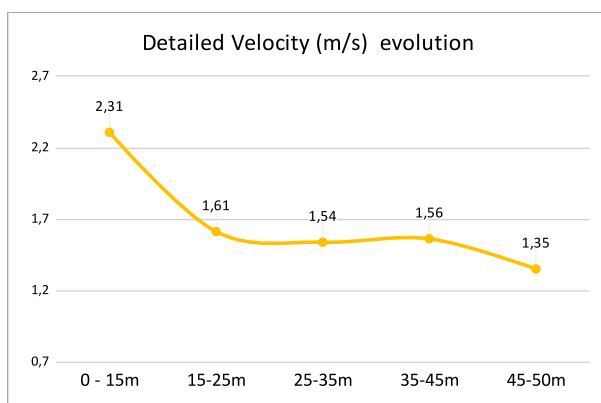
Distance	Metres	0 - 15m	15-25m	25-35m	35-45m	45-50m
Split	Time	00:06.50	00:12.70	00:19.20	00:25.60	00:29.30
Lap	Time	00:06.50	00:06.20	00:06.50	00:06.40	00:03.70
Velocity	Metre/Sec	2,31	1,61	1,54	1,56	1,35
Stroke Rate	Cycle/Min		70,6		68,2	62,5
Stroke Tempo	Sec		00:00.85		00:00.88	00:00.96
Distance per stroke	Cm		137,1		137,5	
Stroke Index	DPS*Speed*Cycle		2,21		2,15	

Pacing info
Averages
1,74
69,4
00:00.87
137,3
2,18

Pacing info			
Distance		1st 25m	2nd 25m
Lap	Time	00:12.70	00:16.60
Velocity	Metre/Sec	1.97	1.51



Start info		
Data evolution		Start
Reaction Time	Sec	00:00.68
Time Out	Sec	00:05.10
Breakout Dis	Metre	12,2
Velocity	Metre/Sec	2,39



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