

Race Analysis

FINA Swim World Cup 2019 Woman

Name Holly Barratt

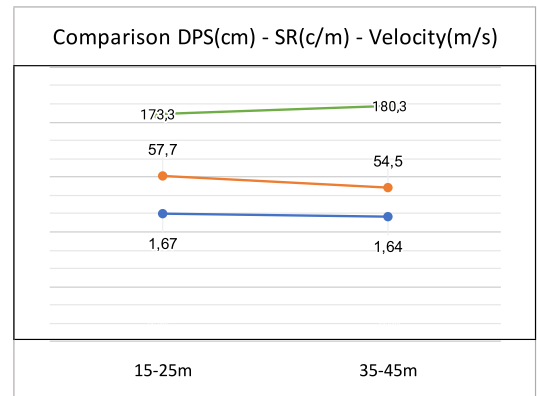
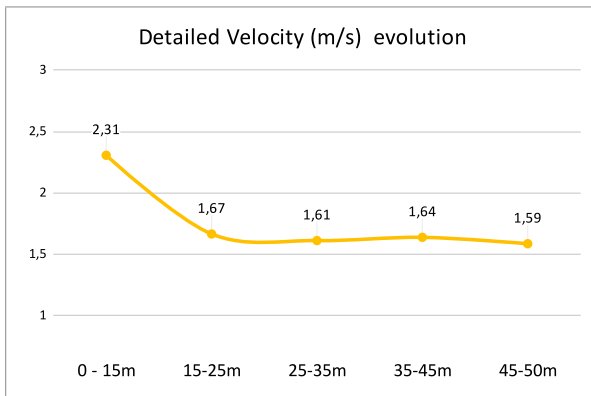
Race 50m Backstroke Results 00:27.95

Distance	Metres	0 - 15m	15-25m	25-35m	35-45m	45-50m	Pacing info	
Split	Time	00:06.50	00:12.50	00:18.70	00:24.80	00:27.95	Averages	
Lap	Time	00:06.50	00:06.00	00:06.20	00:06.10	00:03.15	1,81	
Velocity	Metre/Sec	2,31	1,67	1,61	1,64	1,59	56,1	
Stroke Rate	Cycle/Min		57,7		54,5	53,6	00:01.07	
Stroke Tempo	Sec		00:01.04		00:01.10	00:01.12	176,8	
Distance per stroke	Cm		173,3		180,3		2,92	
Stroke Index	DPS*Speed*Cycle		2,89		2,96			

Pacing info		
Distance		
	1st 25m	2nd 25m
Lap	Time	00:12.50 00:15.45
Velocity	Metre/Sec	2,00 1,62



Start info		
Data evolution		Start
Reaction Time	Sec	00:00.74
Time Out	Sec	00:06.00
Breakout Dis	Metre	14,5
Velocity	Metre/Sec	2,42



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