

Race Analysis

Olympic Games Tokyo 2020

Name Evgeny Rylov

Race 200 Backstroke Results 01:53.27

Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m	100-115m	115-125m	125-135m	135-145m	145-150m	150-165m	165-175m	175-185m	185-195m	195-200m
Split	Time	00:05.70	00:11.50	00:17.30	00:23.50	00:28.81	00:33.20	00:38.50	00:45.30	00:51.60	00:55.18	01:01.50	01:08.10	01:14.20	01:20.40	01:23.80	01:30.70	01:37.20	01:43.40	01:50.00	01:53.27
Lap	Time	00:05.70	00:05.80	00:05.80	00:06.20	00:03.31	00:06.39	00:06.30	00:05.80	00:06.30	00:03.58	00:06.32	00:06.60	00:06.10	00:06.20	00:03.53	00:06.77	00:06.40	00:06.30	00:06.60	00:03.27
Velocity	Meters/Sec	2.63	1.72	1.72	1.61	1.51	2.35	1.59	1.72	1.59	1.40	2.37	1.52	1.52	1.64	1.61	1.42	2.22	1.56	1.59	1.52
Stroke Rate	Cycle/Min		40.5		37.87	37.5		39.5	36.7	37.5		39.2		40.0		40.0		41.7		41.2	
Stroke Tempo	Sec		00:01.48		00:01.58	00:01.60		00:01.52		00:01.55		00:01.60		00:01.53		00:01.50		00:01.50		00:01.44	
Distance per stroke	Cm		255.2		254.8		241.3		241.3		246.0		231.8		241.8		245.0		225.0		221.2
Stroke index	DPS*Speed*Cycle		4.40		4.11		3.83		3.51		3.51		3.51		3.80		3.80		3.25		3.82

Pacing info
Averages
1.77
39.8
00:05.51
239.7
3.82

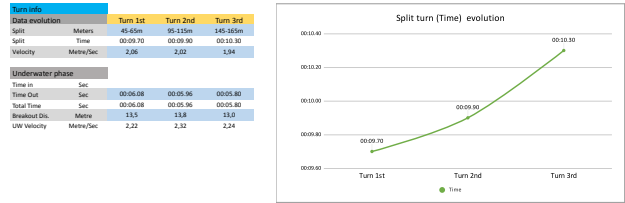
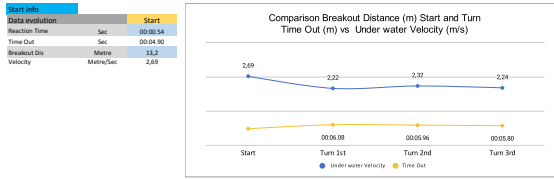
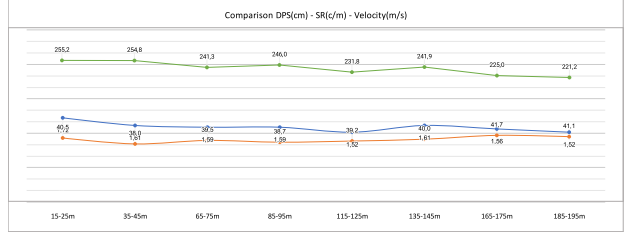
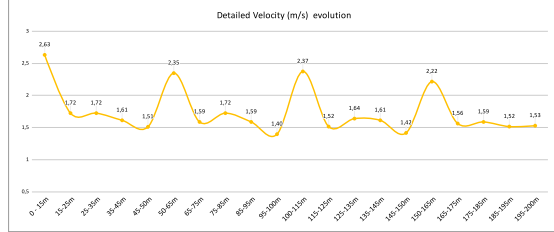
Pacing info	1st 25	2nd 25	3rd 25	4th 25	5th 25	6th 25	7th 25	8th 25
1	Time	00:11.50	00:15.11	00:12.69	00:15.68	00:12.92	00:15.83	00:13.17
Velocity	Meters/Sec	2.17	1.63	1.97	1.59	1.93	1.58	1.90

1st 50	2nd 50	3rd 50	4th 50
00:26.81	00:28.37	00:28.75	00:29.34
1.86	1.76	1.74	1.70

1st 100	2nd 100
00:55.18	00:58.09
1.81	1.72

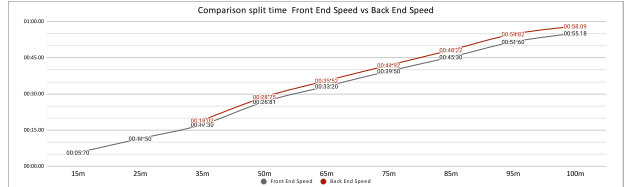
50m	100m	150m	200m
00:26.81	00:55.18	01:23.93	01:53.27
1.86	1.81	1.79	1.77

AnalysisSwim



Front End Speed	15m	25m	35m	50m	65m	75m	85m	95m	100m
Distance									
Split	Time	00:05.70	00:11.50	00:17.30	00:26.81	00:33.20	00:39.50	00:45.30	00:51.60
Stroke Rate	Cycle/Min		40.5		37.5		39.5		36.7
Stroke Tempo	Sec		00:01.48		00:01.58		00:01.52		00:01.55

Back End Speed	20m	50m	65m	75m	85m	95m	100m
Distance							
Split	Time	00:10.02	00:28.75	00:35.52	00:41.92	00:48.22	00:54.82
Stroke Rate	Cycle/Min		40.0		41.7		41.1
Stroke Tempo	Sec		00:01.50		00:01.44		00:01.46



Analysis Swim by Sjarhei Ivashyn



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