

Race Analysis

Olympic Games Tokyo 2020

Name Siobhan Bernadette Haughe

Race 100m Freestyle Results 00:52.27

Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m
Split	Time	00:05.80	00:11.10	00:16.50	00:21.90	00:25.10	00:31.90	00:37.40	00:43.40	00:49.30	00:52.27
Lap	Time	00:05.80	00:05.30	00:05.40	00:05.40	00:03.20	00:06.80	00:05.50	00:06.00	00:05.90	00:02.97
Velocity	Metre/Sec	2,59	1,89	1,85	1,85	1,56	2,21	1,82	1,67	1,69	1,68
Stroke Rate	Cycle/Min		53,6		51,7	51,7		50,0		50,8	50,8
Stroke Tempo	Sec		00:01.12		00:01.16	00:01.16		00:01.20		00:01.18	00:01.18
Distance per stroke	Cm		211,3		214,8			218,2		200,0	
Stroke Index	DPS*Speed*Cycle		3,99		3,98			3,97		3,39	

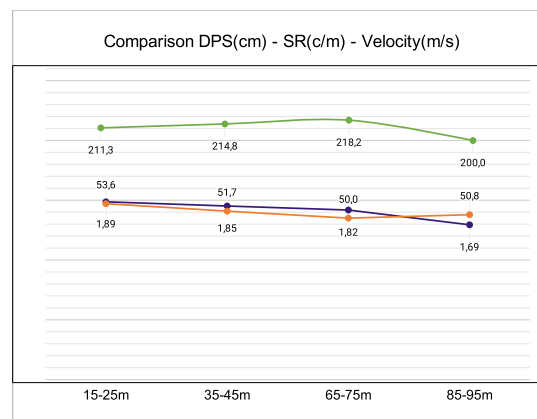
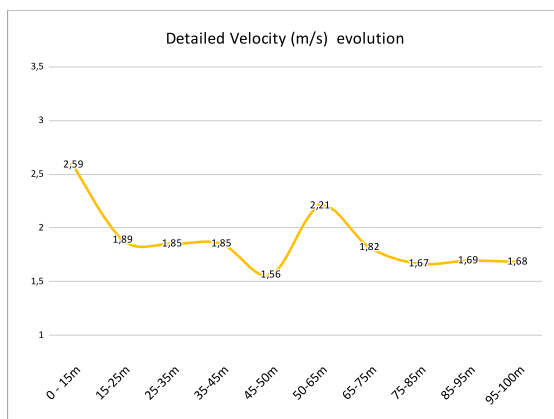
Pacing info
Averages
1,92
51,5
00:01.17
211,1
3,83

Pacing info					
Distance		1st 25m	2nd 25m	3rd 25m	4th 25m
Lap	Time	00:11.10	00:14.00	00:12.30	00:14.87
Velocity	Metre/Sec	2.25	1.79	2.03	1.68

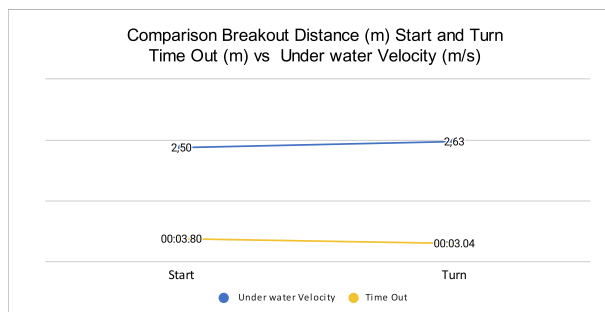
1st 50m	2nd 50m
00:25.10	00:27.17
1,99	1,84

50m	100m
00:25.10	00:52.27
1,99	1,91

AnalysisSwim



Start info		
Data evolution		Start
Reaction Time	Sec	00:00.68
Time Out	Sec	00:03.80
Breakout Dis	Metre	9,5
Velocity	Metre/Sec	2,50

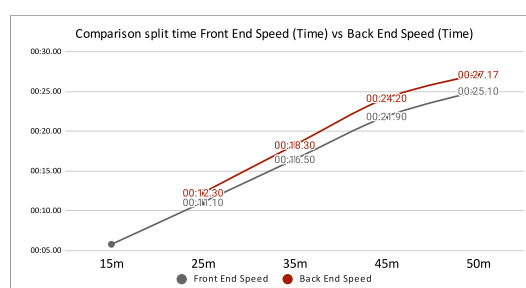


Turn info		
Data evolution		Turn
Split	Meters	45-65m
Split	Time	00:10.00
Velocity	Metre/Sec	2,00
Underwater phase		
Time in	Sec	
Time Out	Sec	00:03.04
Total Time	Sec	00:03.04
Breakout Dis.	Metre	8,0
UW Velocity	Metre/Sec	2,63

Underwater phase		
Time in	Sec	
Time Out	Sec	00:03.04
Total Time	Sec	00:03.04
Breakout Dis.	Metre	8,0
UW Velocity	Metre/Sec	2,63

Front End Speed						
Distance		15m	25m	35m	45m	50m
Split	Time	00:05.80	00:11.10	00:16.50	00:21.90	00:25.10
Stroke Rate	Cycle/Min		53,6		51,7	51,7
Stroke Tempo	Sec		00:01.12		00:01.16	

Back End Speed					
Distance		25m	35m	45m	50m
Split	Time	00:12.30	00:18.30	00:24.20	00:27.17
Stroke Rate	Cycle/Min	50,0		50,8	50,8
Stroke Tempo	Sec	00:01.20		00:01.18	00:01.18



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