

Race Analysis

Olympic Games Tokyo 2020

Name Kliment Kolesnikov

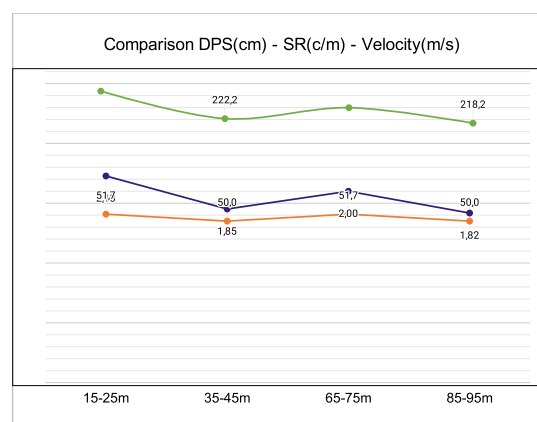
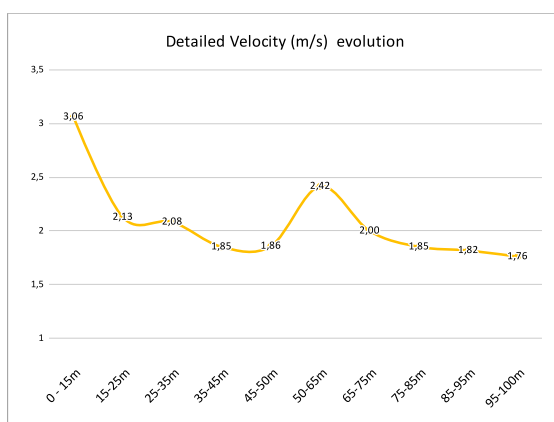
Race 100m Freestyle Results 00:47.44

Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m
Split	Time	00:04.90	00:09.60	00:14.40	00:19.80	00:22.49	00:28.70	00:33.70	00:39.10	00:44.60	00:47.44
Lap	Time	00:04.90	00:04.70	00:04.80	00:05.40	00:02.69	00:06.21	00:05.00	00:05.40	00:05.50	00:02.84
Velocity	Metre/Sec	3,06	2,13	2,08	1,85	1,86	2,42	2,00	1,85	1,82	1,76
Stroke Rate	Cycle/Min		51,7		50,0	51,7		51,7		50,0	50,8
Stroke Tempo	Sec		00:01.16		00:01.20	00:01.16		00:01.16		00:01.20	00:01.18
Distance per stroke	Cm		246,8		222,2			232,0		218,2	
Stroke Index	DPS*Speed*Cycle		5,25		4,12			4,64		3,97	

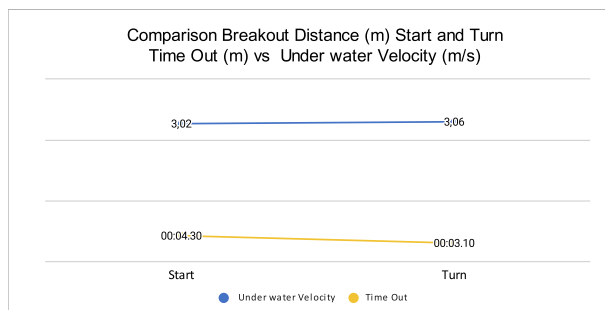
Pacing info
Averages
2,11
50,9
00:01.18
229,8
4,49

Pacing info					
Distance		1st 25m	2nd 25m	3rd 25m	4th 25m
Lap	Time	00:09.60	00:12.89	00:11.21	00:13.74
Velocity	Metre/Sec	2.60	1.94	2.23	1.82

1st 50m	2nd 50m	50m	100m
00:22.49	00:24.95	00:22.49	00:47.44
2,22	2,00	2,22	2,11



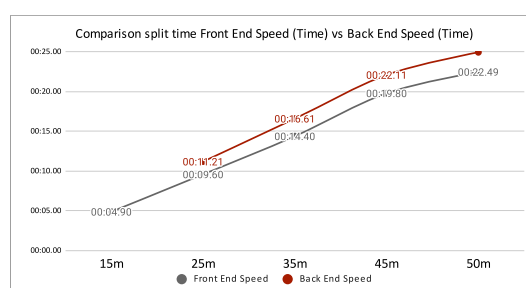
Start info		
Data evolution		Start
Reaction Time	Sec	00:00.65
Time Out	Sec	00:04.30
Breakout Dis	Metre	13,0
Velocity	Metre/Sec	3,02



Turn info		
Data evolution		Turn
Split	Meters	45-65m
Split	Time	00:08.90
Velocity	Metre/Sec	2,25
Underwater phase		
Time in	Sec	
Time Out	Sec	00:03.10
Total Time	Sec	00:03.10
Breakout Dis.	Metre	9,5
UW Velocity	Metre/Sec	3,06

Front End Speed						
Distance		15m	25m	35m	45m	50m
Split	Time	00:04.90	00:09.60	00:14.40	00:19.80	00:22.49
Stroke Rate	Cycle/Min		51,7		50,0	51,7
Stroke Tempo	Sec		00:01.16		00:01.20	

Back End Speed					
Distance		25m	35m	45m	50m
Split	Time	00:11.21	00:16.61	00:22.11	00:24.95
Stroke Rate	Cycle/Min	51,7		50,0	50,8
Stroke Tempo	Sec	00:01.16		00:01.20	00:01.18



Analysis Swim by Siarhei Ivashyn



Analysisswim@gmail.com
[Analysis_swim](#)
[Analysis Swim](#)



[WhatsApp](#)
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