

Race Analysis

Olympic Games Tokyo 2020

Name Kristof Milak

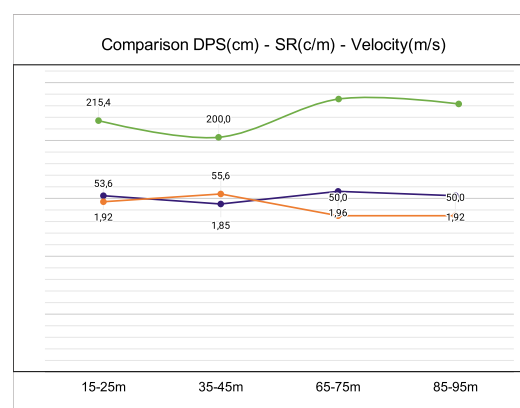
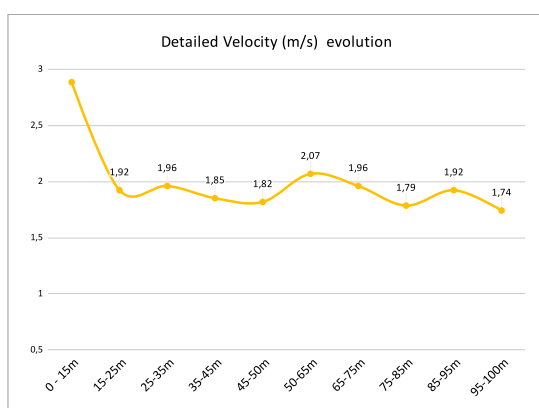
Race 100m Butterfly Results 00:49.67



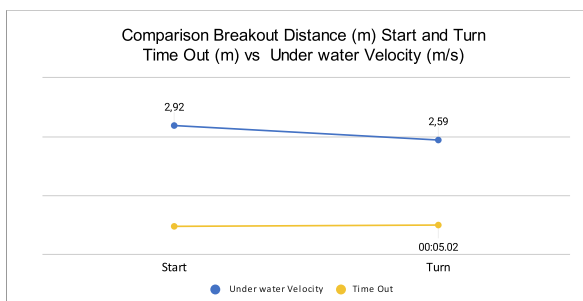
Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m	Pacing info
Split	Time	00:05.20	00:10.40	00:15.50	00:20.90	00:23.65	00:30.90	00:36.00	00:41.60	00:46.80	00:49.67	Averages
Lap	Time	00:05.20	00:05.20	00:05.10	00:05.40	00:02.75	00:07.25	00:05.10	00:05.60	00:05.20	00:02.87	
Velocity	Metre/Sec	2,88	1,92	1,96	1,85	1,82	2,07	1,96	1,79	1,92	1,74	2,02
Stroke Rate	Cycle/Min		53,6		55,6	53,6		50,0		50,0	51,7	52,3
Stroke Tempo	Sec		00:01.12		00:01.08	00:01.12		00:01.20		00:01.20	00:01.16	00:01.15
Distance per stroke	Cm		215,4		200,0			235,3		230,8		220,4
Stroke Index	DPS*Speed*Cycle		4,14		3,70			4,61		4,44		4,22

Pacing info		1st 25m	2nd 25m	3rd 25m	4th 25m
Distance	Time	00:10.40	00:13.25	00:12.35	00:13.67
Velocity	Metre/Sec	2,40	1,89	2,02	1,83

1st 50m	2nd 50m	50m	100m
00:23.65	00:26.02	00:23.65	00:49.67
2,11	1,92	2,11	2,01



Start info		Start
Data evolution		
Reaction Time	Sec	00:00.67
Time Out	Sec	00:04.80
Breakout Dis	Metre	14,0
Velocity	Metre/Sec	2,92

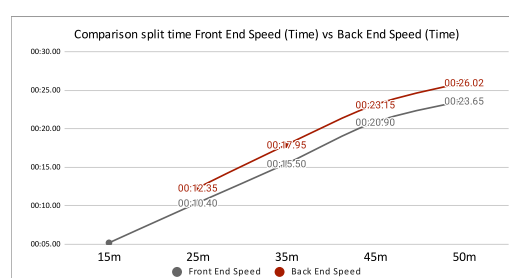


Turn info		Turn
Data evolution		
Split	Meters	45-65m
Split	Time	00:10.00
Velocity	Metre/Sec	2,00

Underwater phase		
Time in	Sec	00:01.03
Time Out	Sec	00:05.02
Total Time	Sec	00:06.05
Breakout Dis.	Metre	13,0
UW Velocity	Metre/Sec	2,59

Front End Speed		15m	25m	35m	45m	50m
Distance						
Split	Time	00:05.20	00:10.40	00:15.50	00:20.90	00:23.65
Stroke Rate	Cycle/Min		53,6		55,6	53,6
Stroke Tempo	Sec		00:01.12		00:01.08	

Back End Speed		25m	35m	45m	50m
Distance					
Split	Time	00:12.35	00:17.95	00:23.15	00:26.02
Stroke Rate	Cycle/Min	50,0		50,0	51,7
Stroke Tempo	Sec	00:01.20		00:01.20	00:01.16



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