

Race Analysis

Olympic Games Tokyo 2020

Name **Tatjana Schoenmaker**

Race **100m Breaststroke** Results **01:05.22**

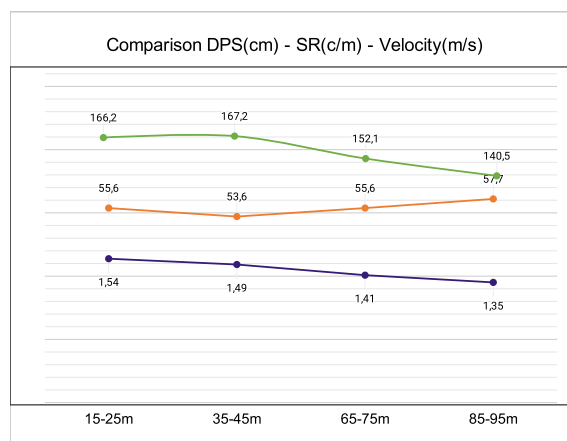
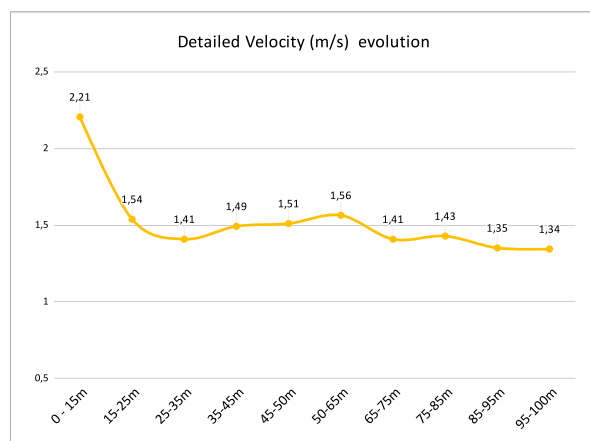
Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m
Split	Time	00:06.80	00:13.30	00:20.40	00:27.10	00:30.41	00:40.00	00:47.10	00:54.10	01:01.50	01:05.22
Lap	Time	00:06.80	00:06.50	00:07.10	00:06.70	00:03.31	00:09.59	00:07.10	00:07.00	00:07.40	00:03.72
Velocity	Metre/Sec	2,21	1,54	1,41	1,49	1,51	1,56	1,41	1,43	1,35	1,34
Stroke Rate	Cycle/Min		55,6		53,6	53,6		55,6		57,7	57,1
Stroke Tempo	Sec		00:01.08		00:01.12	00:01.12		00:01.08		00:01.04	00:01.05
Distance per stroke	Cm		166,2		167,2			152,1		140,5	
Stroke Index	DPS*Speed*Cycle		2,56		2,49			2,14		1,90	

Pacing info
Averages
1,54
55,6
00:01.08
156,5
2,27

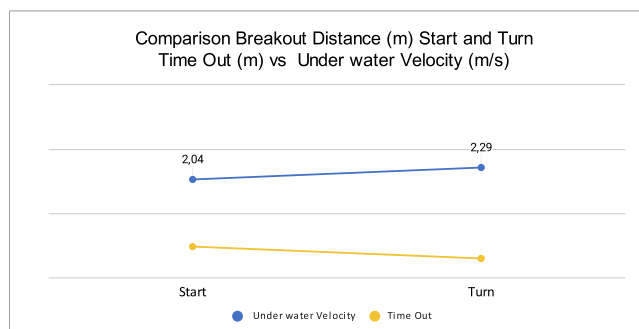
Pacing info					
Distance		1st 25m	2nd 25m	3rd 25m	4th 25m
Lap	Time	00:13.30	00:17.11	00:16.69	00:18.12
Velocity	Metre/Sec	1.88	1.46	1.50	1.38

1st 50m	2nd 50m	50m	100m
00:30.41	00:34.81	00:30.41	01:05.22
1,64	1,44	1,64	1,53

AnalysisSwim



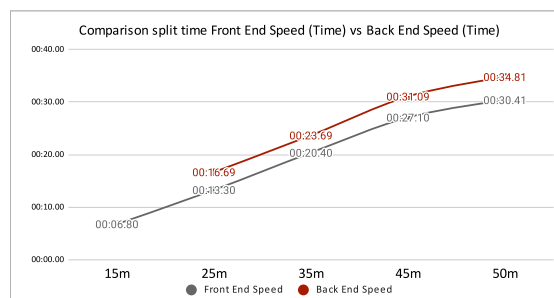
Start info		
Data evolution		Start
Reaction Time	Sec	00:00.66
Time Out	Sec	00:04.90
Breakout Dis	Metre	10,0
Velocity	Metre/Sec	2.04



Turn info		
Data evolution		Turn
Split	Meters	45-65m
Split	Time	00:12.90
Velocity	Metre/Sec	1,55
Underwater phase		
Time in	Sec	00:01.01
Time Out	Sec	00:03.06
Total Time	Sec	00:04.07
Breakout Dis.	Metre	7,0
UW Velocity	Metre/Sec	2.29

Front End Speed						
Distance		15m	25m	35m	45m	50m
Split	Time	00:06.80	00:13.30	00:20.40	00:27.10	00:30.41
Stroke Rate	Cycle/Min		55,6		53,6	53,6
Stroke Tempo	Sec		00:01.08		00:01.12	

Back End Speed					
Distance		25m	35m	45m	50m
Split	Time	00:16.69	00:23.69	00:31.09	00:34.81
Stroke Rate	Cycle/Min	55,6		57,7	57,1
Stroke Tempo	Sec	00:01.08		00:01.04	00:01.05



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