

Race Analysis

Olympic Games Tokyo 2020

Name Adam Peaty

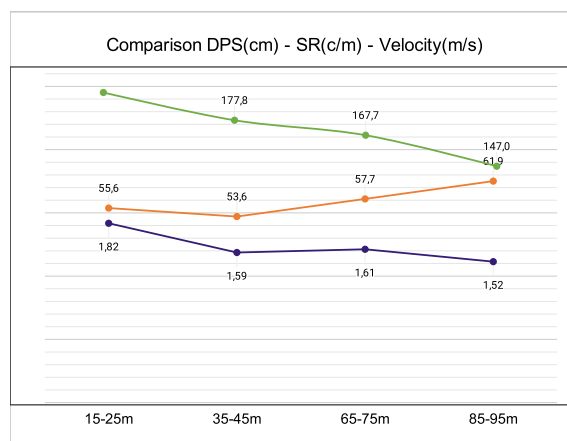
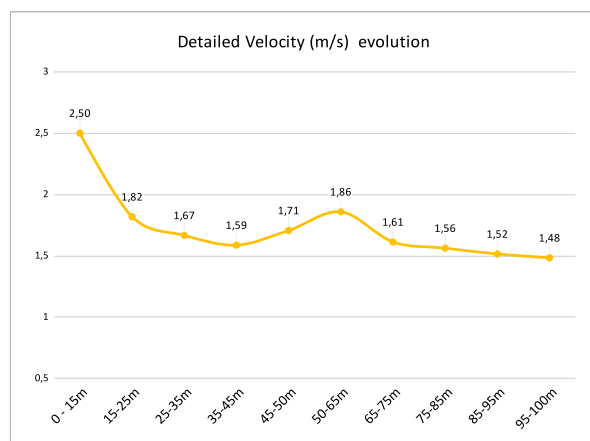
Race 100m Breaststroke Results 00:57.37

Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m
Split	Time	00:06.00	00:11.50	00:17.50	00:23.80	00:26.73	00:34.80	00:41.00	00:47.40	00:54.00	00:57.37
Lap	Time	00:06.00	00:05.50	00:06.00	00:06.30	00:02.93	00:08.07	00:06.20	00:06.40	00:06.60	00:03.37
Velocity	Metre/Sec	2,50	1,82	1,67	1,59	1,71	1,86	1,61	1,56	1,52	1,48
Stroke Rate	Cycle/Min		55,6		53,6	52,2		57,7		61,9	60,6
Stroke Tempo	Sec		00:01.08		00:01.12	00:01.15		00:01.04		00:00.97	00:00.99
Distance per stroke	Cm		196,4		177,8			167,7		147,0	
Stroke Index	DPS*Speed*Cycle		3,57		2,82			2,71		2,23	

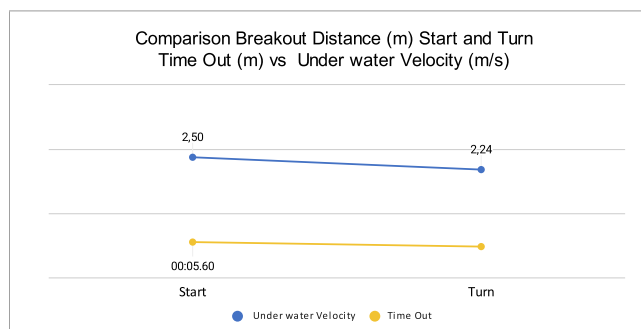
Pacing info
Averages
1,75
57,2
00:01.05
172,2
2,83

Pacing info					
Distance		1st 25m	2nd 25m	3rd 25m	4th 25m
Lap	Time	00:11.50	00:15.23	00:14.27	00:16.37
Velocity	Metre/Sec	2.17	1.64	1.75	1.53

1st 50m	2nd 50m	50m	100m
00:26.73	00:30.64	00:26.73	00:57.37
1,87	1,63	1,87	1,74



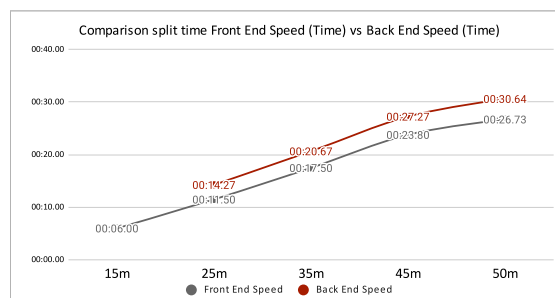
Start info		
Data evolution		Start
Reaction Time	Sec	00:00.62
Time Out	Sec	00:05.60
Breakout Dis	Metre	14,0
Velocity	Metre/Sec	2.50



Turn info		
Data evolution		Turn
Split	Meters	45-65m
Split	Time	00:11.00
Velocity	Metre/Sec	1,82
Underwater phase		
Time in	Sec	00:01.01
Time Out	Sec	00:04.90
Total Time	Sec	00:05.91
Breakout Dis.	Metre	11,0
UW Velocity	Metre/Sec	2,24

Front End Speed						
Distance		15m	25m	35m	45m	50m
Split	Time	00:06.00	00:11.50	00:17.50	00:23.80	00:26.73
Stroke Rate	Cycle/Min		55,6		53,6	52,2
Stroke Tempo	Sec		00:01.08		00:01.12	

Back End Speed					
Distance		25m	35m	45m	50m
Split	Time	00:14.27	00:20.67	00:27.27	00:30.64
Stroke Rate	Cycle/Min	57,7		61,9	60,6
Stroke Tempo	Sec	00:01.04		00:00.97	00:00.99



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