

# Race Analysis

## Olympic Games Tokyo 2020

Name **Kylie MASSE**

Race **100m Backstroke** Results **00:57.72**

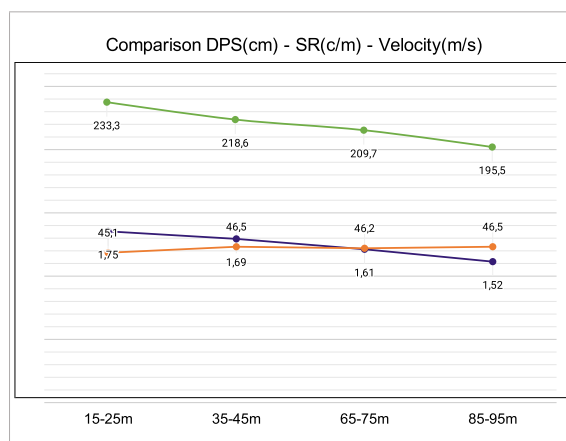
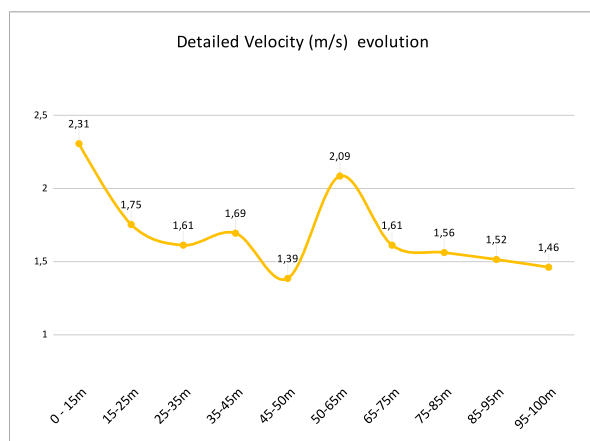
Distance	Meters	0 - 15m	15-25m	25-35m	35-45m	45-50m	50-65m	65-75m	75-85m	85-95m	95-100m
Split	Time	00:06.50	00:12.20	00:18.40	00:24.30	00:27.91	00:35.10	00:41.30	00:47.70	00:54.30	00:57.72
Lap	Time	00:06.50	00:05.70	00:06.20	00:05.90	00:03.61	00:07.19	00:06.20	00:06.40	00:06.60	00:03.42
Velocity	Metre/Sec	2,31	1,75	1,61	1,69	1,39	2,09	1,61	1,56	1,52	1,46
Stroke Rate	Cycle/Min		45,1		46,5	48,0		46,2		46,5	46,9
Stroke Tempo	Sec		00:01.33		00:01.29	00:01.25		00:01.30		00:01.29	00:01.28
Distance per stroke	Cm		233,3		218,6		209,7		195,5		
Stroke Index	DPS*Speed*Cycle		4,09		3,71		3,38		2,96		

Pacing info
Averages
1,73
46,1
00:01.30
214,3
3,54

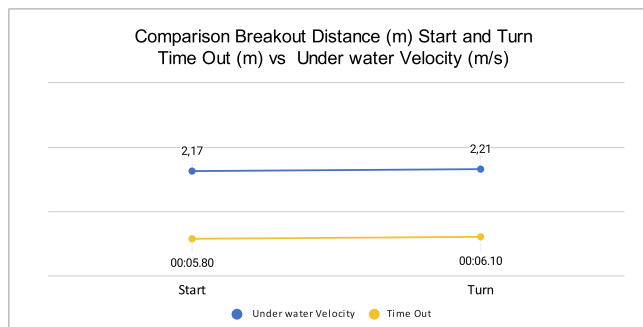
Pacing info					
Distance		1st 25m	2nd 25m	3rd 25m	4th 25m
Lap	Time	00:12.20	00:15.71	00:13.39	00:16.42
Velocity	Metre/Sec	2.05	1.59	1.87	1.52

1st 50m	2nd 50m	50m	100m
00:27.91	00:29.81	00:27.91	00:57.72
1,79	1,68	1,79	1,73

AnalysisSwim



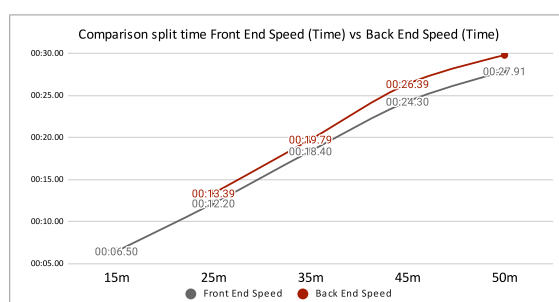
Start info		
Data evolution		Start
Reaction Time	Sec	00:00.53
Time Out	Sec	00:05.80
Breakout Dis	Metre	12,6
Velocity	Metre/Sec	2.17



Turn info	
Data evolution	Turn
Split	Meters 45-65m
Split	Time 00:10.80
Velocity	Metre/Sec 1,85
Underwater phase	
Time in	Sec
Time Out	Sec 00:06.10
Total Time	Sec 00:06.10
Breakout Dis.	Metre 13,5
UW Velocity	Metre/Sec 2.21

Front End Speed						
Distance		15m	25m	35m	45m	50m
Split	Time	00:06.50	00:12.20	00:18.40	00:24.30	00:27.91
Stroke Rate	Cycle/Min		45,1		46,5	48,0
Stroke Tempo	Sec		00:01.33		00:01.29	

Back End Speed					
Distance		25m	35m	45m	50m
Split	Time	00:13.39	00:19.79	00:26.39	00:29.81
Stroke Rate	Cycle/Min	46.2		46.5	46.9
Stroke Tempo	Sec	00:01.30		00:01.29	00:01.28



Analysis Swim by Siarhei Ivashyn



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